



# sleeping lions

When parties get a bit too energetic, there's nothing better than Sleeping Lions to quieten things down. Everyone lies down on the floor with eyes closed. The idea is to keep as still as possible for as long as possible. Sound easy? To make things a bit more difficult, one adult moves around the group, telling jokes, making weird noises, basically doing stuff to make everyone laugh or wriggle. If you move or laugh, you're out – but you might get a jelly bean as consolation. When the children get a bit too energetic, there's nothing better than Sleeping Lions to quieten things down.

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